



## Questions you may want to ask your health professional

### Questions about MS

Can you please tell me what the name 'multiple sclerosis' means?  
What causes it?  
Will it keep getting worse or can I expect it to improve?  
How is it likely to progress?  
What percentage of people have it?  
How serious is it and what can I do to help lessen my symptoms?  
Can I pass this on to my family or are they likely to develop it?  
What should I be aware of?  
Can I still go to work?  
Can I still drive my car?  
Will I need to go into hospital for treatment?  
How often do I need to see a doctor/neurologist?  
Are there any further tests I need to confirm the diagnosis?  
Are there any support groups or help for people with MS?  
What happens next?

### Questions about medication

How and when should I take this?  
Are there any foods that I should not take with this medicine?  
Can I drink alcohol with this medication?  
Will any other medicines be affected?  
Are there any activities I should not do whilst taking this?  
How should I store it?  
Are there likely to be any side effects/complications and what would they be?  
Can I reduce the side effects?  
Does it matter if I miss a dose and what should I do if that happens?  
Can you tell me about the medication, what it is and what it is supposed to do?  
How long will I be taking this for?  
If I feel ill on this medication, what should I do?

### Questions about other treatments

What other treatments are available?  
Can you explain how effective this treatment is compared to other treatments?  
What are the long term effects of this treatment?  
How can I tell if the treatment is working?  
What can be done if the treatment doesn't work?

